EXCELLENT LINKAGAGE PROGRAM

It was great to visit the Henry Kendall High School Science classroom last week (see photographs) and see the excitement as the students in class 5M enjoyed the opportunity to participate in a practical lesson in the laboratory.

Thank you to teacher, Mr Guyot for initiating this excellent program which not only further strengthens the links between the two schools but builds confidence and excitement in our students as they are about to soon enter their final year of primary school.

TRIAL TIMETABLE SURVEY

Thank you to the 104 parents, the staff and students who completed our survey to comment on the new trial timetable.

The timetable was implemented on a trial basis with it to be reviewed towards the end of this term.

Whilst the change understandably took a while for some to adjust the results clearly show:

- Many staff felt that the extended middle session provides additional time to consolidate mathematics concepts whilst the shorter afternoon session suits students better as their attention span is waning after the second break.
- **84% of parents** answered that there was no change to their child’s eating/recess/lunch organisation because of the changes.
GOSFORD PUBLIC SCHOOL

- The vast majority of parents surveyed indicated that their children were not bringing home additional uneaten food.
- 94% of parents stated that the timetable alterations caused no changes to their child/ren’s canteen use. (Several parents made comment that they had to adjust to earlier online ordering time).
- The students made some excellent suggestions regarding playground use and since then Mr. Francis and Mr. Lincoln have initiated several popular changes in the Quality Playground Program. The tennis program has also been recently implemented with children really enjoying their time on the tennis courts during break one.

As a result of the success of this trial, I will be recommending that the staff and canteen adopt this timetable on a permanent basis.

I sincerely thank Mrs. Jennie Newton and Miss Robynne Scott for leading this comprehensive review.

DISCO THE BEST EVER

Congratulations to Miss Scott and our disco committee for organising an outstanding evening for over 300 students who participated in either the junior or senior disco last Thursday. The hall was transformed into a sea of colour with the decorations and the student’s bright attire. The students’ behaviour was exemplary!

Also a big thank you to the teachers and parents who assisted on the evening.

SPORTING SUCCESS

We have had three students, Malikye, Nyla and Ryo who were members of the premiership winning AFL team, the All Stars. In a closely contested grand final they defeated the Killarney Vale Bombers to take out the Under 11 Central Coast premiership.

Malikye who was playing in a higher division for his age actually kicked the winning goal in the final which advanced the team to the Grand Final.

Well done, Malikye, Nyla and Ryo.

INFORMATION and ASSISTANCE REQUIRED for SESQUICENTENARY CELEBRATIONS UPDATE

At last week’s School Promotions team meeting the 150 Year Sesquicentenary celebrations were finalised.

Miss Smith, our team leader will provide more details but we are excited at the prospect of seeing the community come together for this special occasion.

In brief Saturday 17 October 2015 will be our main community day. The day will commence with a special assembly for former students, staff, friends and family and be followed by a community fair with activities for the children and our Artastic event will be incorporated along with Saltwater Markets.

Teachers will culminate a special unit of work based around the history of Gosford in Term 3 with a special Old Style Games-a-thon. Students will have the chance to dress up in early period clothing whilst at the same time raising money and participating in a healthy activities. Proceeds of this fundraiser will go towards funding the publishing of the 150 Year History of Gosford Public School book that is being authored by Assistant Principal, Mrs. Jennie Newton.

I thank our School Promotions team for their ongoing efforts to make this significant milestone a memorable one.

As this is the final newsletter for Term 3, I would like to thank our school community (teachers, students and parents/carers) for their combined efforts. As a result, we were able to successfully deliver a variety of learning and cross curricula opportunities. I wish all students a safe and happy spring break and look forward to seeing classes resume on Tuesday October 7. (Monday October 6 is a Public Holiday)

John Anderson
Scholastic Minecraft Competition

Winner Yazmin receiving her award
GOSFORD PUBLIC SCHOOL

AFL sporting success for students

Well done Ryo, Malikye and Nyla

Disco Fun!
As the end of Term 3 approaches, it is now time to finalise your donations towards the ‘Operation Christmas Child’ project.

All donations, including single items or filled shoeboxes or money for postage, should be at school by **Friday 19th September, 2014**. Please send these items to either myself or your child’s class teacher. This final date will enable all donations to be placed into the shoeboxes. The shoeboxes will then be collected and taken to the distribution centre before the end of this term.
Below is a reminder of the types of gift items that can be included in the shoeboxes. Please note that all items should be new, not pre-loved.

**Something for School**
Coloured pencils, pencil case, ruler, felt pens (textas), pencils, sharpener, eraser, colouring book, activity book, notepad, exercise books, pens, puzzle book (dot-to-dot, mazes etc), crayons, chalk, picture books or books with limited words, simple story books

**Something to Wear**
Clothes (appropriate for children aged between 2 – 14) such as a T-shirt, dress, skirt, shorts, socks, underwear, thongs, sandals, hat, cap, beanie

**Something to Love or Play with**
Teddy bear, doll, soft toy, tennis ball or similar small balls, jacks, bag of marbles, skipping rope, toy cars/trucks/planes, tazos, finger puppet, jigsaw, yo-yo, building blocks, Lego, mouth organ, small musical instrument, baby rattle, games such as Pick-up-sticks, party horns, whistles, wind up torch (no battery operated items), slinky

**Something for Personal Hygiene**
Toothbrush, hairbrush, comb, hair-clips, scrunchies, soap (in a sealed bag), face washer, hand towels, hair ribbons, bobby pins, Band-aids

**Something Special**
Carry bag, sunglasses, bangles, necklaces, purses, craft kits, stickers

**Once again thank you for your continued support of this charity throughout the year.**

Miss Rose
Coordinator

**FIRST AID TRAINING**
On Monday 8th September, students in Years 3 and 4 participated in a free first aid course run by Ken from St John Ambulance Australia. The aim of the program was to provide these students with first aid skills they can use in the event of an emergency. They learnt about DRSAB (Danger, Response, Send for Help, Airway & Breathing), as well as how to treat burns, nose bleeds and external bleeding. The students each received a free first aid kit to take home and practice their bandaging skills.

Congratulations to all students involved for exceptional behaviour and listening skills.

Karen Smith
Coordinator

**The Puzzle Master’s Apprentice**
The Stage 2 competition has now ended and the class winners were:-
Henry 2/3B, Yoonjae 3GC, Will 3S, Mia 3/4GB, Eliza 4K, Matthew 4H.
There was a tie for the ultimate winner, The Puzzle Master’s Apprentice.
Congratulations Eliza and Matthew.
Stage 1 competition starts Term 4.

Mrs Hodgson
Puzzle Master’s assistant
A BIG THANK YOU TO EVERYONE WHO CONTRIBUTED TO THE BIG CAKE BAKE

We set the goal of raising $250 for the Australian Red Cross.

With your generosity, we rose over $600 and this week, we will be sending off a cheque to the Australian Red Cross.

Thank you to all the parents (especially Mrs Henehan), staff and students who contributed so ably to making this a huge success.

I still have a few containers that do not have names on them and remain unclaimed. If you are missing a container, please see me to collect what belongs to you.

Thank you once again.

Miss Rose

Congratulations to our Girls Soccer Team who made it to round 5 of the NSW PSSA Knockout Competition – a huge achievement! Last Thursday the girls gave it their all and finished with a 0-0 draw against Wamberal. Despite the fantastic game, excellent skills and great sportsmanship the girls displayed, we were knocked out of the competition due to the number of corners against us. I am extremely proud of how far the girls have come; you would never know that most have never played soccer before. They trained hard each week with Mrs Douglas and I and we loved seeing them out on the oval practising their skills at lunchtime. Awesome effort girls it was a pleasure to be your coach!

Miss Spackman
Coordinator
The boys have achieved beyond all of our expectations and just keep delivering the goods. On Tuesday 9th September, our senior boys travelled to Umina oval to play both round 5 and 6 of the NSWPSSA knockout competition. Both matches put our team to the test, but we still managed to progress though this highly contested football knockout.

**Round 5** - Empire Bay Public School Vs Gosford Public School

This was an all action end to end match, full of nerves and energy. In the opening minutes, Jamal put Gosford ahead with a rocket of a volley that put some fear into the opposition, especially the goalkeeper. Jamal then followed up his effort with a long range screamer! He picked up the ball from around halfway and decided to have a crack. The ball was moving and bounced just before and over the keeper’s head and nestled in the high corner of the net.

After a high tempo start the match things to settle with the teams giving up cheap possession. Mason notably was a player who never coughed up the ball. He had a great touch and distributed his passes on song. With the teams seemingly parking their respective buses by playing quite defensively, there was finally a break away with Jamal latching on to a through ball and expertly chipping into the far corner of the net, however it was quickly disallowed as he was called offside. The rest of the half remained a midfield battle and Gosford kept their 2-0 lead into the break.

The second half started just as the first half ended. A grinding midfield battle that wouldn’t let up, until one of Empire Bay’s forwards picked up the ball around the left wing and smashed the ball high into the net leaving our keeper Corey no chance of a spectacular save. It was a gem unfortunately for our team. Our boys were then put on alert and started to come back into the game. Fortunately for us the boys were able to maintain their lead until the fulltime whistle. The match subsequently ended 2-1 to Gosford.

**Round 6** - Gosford Public School Vs Warnervale Public School

After more than an hour break of fun and games Warnervale’s boys and the referee turned up ready to go. Even after playing the first match our boys were as keen as ever.

The match started almost identical to the last round against Empire Bay, with Jamal at it again. Kaelan our team’s captain sent a free kick into the box straight to Jamal and all of a sudden the ball was tapped over the keeper into the net. Minutes later Luke took a great corner which Jamal again latched onto and placed his header in the high top corner, it was a great piece of skill from these boys.

The boys were starting to look tired after 15 minutes and Warnervale took advantage by cracking a nice shot into the goal just before the halftime whistle. In football this is known as one of the worst times to concede a goal. The boys’ heads were down and they started to feel some pressure. Our halftime talk together eased a few nerves. It was about sticking together and playing our way through the tired legs.

The second half the boys come back on with spring in their steps that we have been used to seeing, but it was still a difficult half for them. Conor our vice-captain had to come off for a while after suffering a small leg injury, so we had to make adjustments. The boys covered the spaces well and backed each other up. When the adjustments were made, Varun showed us what he was capable of and had a blinder with a stint out of the left half. The boys were on their last legs of energy and endured some scary moments with the opposition almost scoring a few times. Luckily we held them out and put on a brave defensive effort, concluding this energy draining match with the scores remaining at 2-1 to Gosford.

These fantastic results have now given our boys the mantle of being the Central Coast’s best primary school football side. Our next game will be played against a team called Narranga from up north towards Coffs Harbour. This will be the quarter final of the NSW competition and will be played early next term. Keep an eye out for our next results.

I would like to say a big thankyou to Mr Johnson and Miss Gay for coming to support us on the day, it was greatly appreciated. I would also like to thank the parents and supporters; it has been a pleasure having all of you joining us for this wonderful string of results. Lastly well done to the boys, you are a rare and great bunch that consistently makes us all proud.

Mr Lincoln
Honoured Football Coach
P and C News
The next P & C Meeting is 22nd October 2014
This will be the final meeting before the AGM on 26th November 2014 and your last opportunity to pay membership fee (50c) to be eligible to vote and stand for Office Bearer Positions. All memberships must be recorded by the close of business 22nd October 2014 (according to P & C Regulations ) to be eligible to vote at the AGM 2014. Receipts will be issued at the close of business at this meeting.
Any items for 22nd October agenda please have to the secretary by the Friday before the meeting (17th October)
P & C now also has an email address if you wish to have items added to the agenda.
gosfordpspandc@gmail.com
P&C Meeting 22nd October 7.30 pm in the Chapman Room.
All welcome

CAI TEE N

ROSTER:
Tue 7/10 Tanee
Wed 8/10 Jennifer
Fri 10/10 HELP NEEDED!
Thu 9/10 HELP NEEDED!

Please note there will be no counter service on 13th, 14th and 22nd October, only orders. This is due to the HSC exams taking place in HKHS.
Message from Julie
The FRIENDS program that I have run at Gosford Public School several times has now introduced a FRIENDS App which you can access for iphone or android. Look up “Friendsforlife” in the App store. This App follows the skills taught in the program and is designed as a resilience tool for primary school age children.
Wishing you a refreshing break. See you Term 4.

Julie
School Chaplain
SCHOOL HOLIDAY CAMP
GOSFORD TENNIS CENTRE
2014 September and October
9.00am to 3.00pm
Week 1—Wednesday 24th. Sept - Friday 26th Sept
Ages 4-16yrs - BOOKINGS ESSENTIAL
Week 2—Wednesday 1st. October - Friday 3rd October
Ages 4-16yrs - BOOKINGS ESSENTIAL
Full 3 day week $135.00 or $55 per day 4-16yrs - BOOKINGS ESSENTIAL
Very suitable for the working parent. Learn Stroke
CALL NOW! 4325 2921
RACECOURSE RD, WEST GOSFORD. Beside Henry Kendall AND NEW Gosford Primary School

NAME: ____________________________________________________________

AGE: _______ ALLERGIES: ___________________________________________

WORK #: ______________________ HOME #: _____________________________

MOBILE #: _______________________________________________________

ADDRESS: _______________________________________________________

CREDIT CARD #: ___________________________________________ EXP DATE: ____/_____  

WEEK 1 Mon / Tues / Wed / AND OR WEEK 2 Mon / Tues / Wed /
### Holiday Activities
**Sept/Oct 2014**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Description</th>
<th>Age/Cost</th>
<th>Date/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ARCHERY (INDOOR)</strong></td>
<td>Get on target &amp; challenge the kids with this great Olympic sport. 10am-12pm or 1pm-3pm</td>
<td>8-15 years $20</td>
<td>22 or 23 September, Gosford</td>
</tr>
<tr>
<td><strong>CANOEING/KAYAKING</strong></td>
<td>Experienced guides will ensure safety is the number one priority, followed closely by lots of fun. Participants must be able to swim 50 metres. 10am-12:30pm</td>
<td>10-16 years $33</td>
<td>26 September, Avoca Lagoon</td>
</tr>
<tr>
<td><strong>CARES BICYCLE SAFETY</strong></td>
<td>Offered by Wyong Shire and Gosford City Councils, in conjunction with NSW Police, this program will develop your child's road sense and set the foundation of road safety they need right through life, even when they start driving. Bicycles and helmets are provided. 9:30am-2pm (4.5 hours).</td>
<td>School grade 3-6 only $10</td>
<td>2 October, Palmdale</td>
</tr>
<tr>
<td><strong>CIRCUS SKILLS</strong></td>
<td>Clown around! This action-packed workshop and try riding a mini clown bike, spin a plate on a stick, use a flower stick, have a juggling lesson, walk the tight wire, and more! Learn to make your own balloon animal or flower to take home. – 10am-1pm (3 hours).</td>
<td>6-12 years $40</td>
<td>30 September, Niagara Park</td>
</tr>
<tr>
<td><strong>CIRCUS AERIAL WORKSHOP</strong></td>
<td>Aerial skills are great fun and in this workshop you will get to have a go on the aerial hoop, the static trapeze and the silks. All participants will need to arrive on time to join in a warm-up and basic tumbling skills before participating in the aerial skills. – 10am-11:30am (1.5 hours).</td>
<td>8-16 years $31</td>
<td>30 September, Niagara Park</td>
</tr>
<tr>
<td><strong>GYMNASTICS INTRODUCTION</strong></td>
<td>2 day program. This introductory program includes basic fundamental movement and gymnastic skills will be taught which would include specific apparatus safety in a fun and friendly environment with accredited coaches. - 12pm-2pm (4 hours in total)</td>
<td>5-12 years $30</td>
<td>24 &amp; 25 September, Berkeley Vale</td>
</tr>
<tr>
<td><strong>KIDS MULTI-SPORTS</strong></td>
<td>A great program for working parents and active kids. Central Coast Youth Club hosts this jam-packed day including trampolining, indoor hockey, indoor volleyball, soccer, wheelchair basketball and lots more. Price includes a sausage sizzle and an ice block for lunch. So don’t miss out on this brilliant, fun and great value for money day. Pre-bookings with payment essential! 9am-3pm (6 hours).</td>
<td>6-13 years $27 first child, $22 for every other sibling</td>
<td>26 September or 2 October, Niagara Park</td>
</tr>
<tr>
<td><strong>SAILING</strong></td>
<td>Join in on the fun on the water and learn to sail. Catering for beginners to advanced, this program is taught Yachting Australia instructors on dinghies. Participants must be able to swim 50 metres. 9:30am-3:30pm (18 hours in total).</td>
<td>7-16 years $166</td>
<td>24, 25 &amp; 26 September or 1, 2 &amp; 3 October, Gosford Sailing Club</td>
</tr>
<tr>
<td><strong>STAND UP PADDLE</strong></td>
<td>It’s fun and easier than you think. Within just one lesson, we will have you up and paddling. This program is jam-packed with useful tips and techniques so you can quickly gain skill and confidence. 10:30am-12:30pm.</td>
<td>11-16 years $33</td>
<td>1 October, Avoca Lagoon</td>
</tr>
<tr>
<td><strong>SURF LIFE SAVING</strong></td>
<td>Kids will learn about beach and surf recreation whilst having loads of fun. 10am-2pm.</td>
<td>5-13 years $20</td>
<td>29 September, Terrigal Beach</td>
</tr>
<tr>
<td><strong>SURFING</strong></td>
<td>Learn to surf with Central Coast Surf School in a fun, safe environment with professional experienced instructors. Soft surfboards, wetsuits, rash vests and sunscreen are supplied. You’ll be stocked with your progress in our 3-day course. 2pm-3:30pm (4.5 hours in total).</td>
<td>7-16 years $95</td>
<td>20, 21 &amp; 22 September (w/e); or 1, 2 &amp; 3 October, Umina Beach or 24, 25 &amp; 26 September, Avoca Beach</td>
</tr>
<tr>
<td><strong>TENNIS WYONG</strong></td>
<td>3 day program. This clinic caters for all levels. It covers all aspects of the game including court etiquette, technique and rules of the game. Play games, mini-tournament and a small party on the last day. 10:30am-11:30am (7.5 hours in total) &amp; includes a small party on the last day.</td>
<td>5-16 years $67 (third sibling free)</td>
<td>22, 23 &amp; 24 September, Wyong</td>
</tr>
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All program fees include GST. For other information on each program or bookings, please phone 02 4362 3184 or 13 13 02 or see www.dsr.nsw.gov.au

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Office of Communities Sport & Recreation